



# Massillon Recreation Center Summer Swim Lessons



## Morning Swim Lessons June 7-July 8 & July 12-Aug 12 Mondays & Wednesdays or Tuesdays & Thursdays

Parent & Child Level 1	9:00 - 9:30am
Parent & Child Level 2	9:00 - 9:30am
Preschool Level 1	9:00 - 9:30 am
Level 1 (3-5)	9:30 - 10:00 am
Level 1 (6 & up)	9:30 - 10:00 am
Level 2 (3-5)	10:00 - 10:30 am
Level 2 (6 & up)	10:00 - 10:30 am
Level 3	10:30 - 11:00 am
Level 4	10:30 - 11:00 am

## Evening Swim Lessons May 24-June 30 & July 5-Aug 4 Monday & Wednesday

Parent & Child Level 1	5:00 - 5:30am
Parent & Child Level 2	5:00 - 5:30 pm
Preschool Level 1	5:30 - 6:00 pm
Level 1 (3-5)	5:30 - 6:00 pm
	6:00 - 6:30 pm
Level 1 (6 & over)	6:00 - 6:30 pm
Level 2 (3-5)	6:30 - 7:00 pm
Level 2 (6 & over)	6:30 - 7:00 pm
Level 3	7:00 - 7:30 pm
Level 4	7:00 - 7:30 pm

**Fee for Weekday Lessons: Member: \$28, Taxpayer: \$31, Non-Taxpayer: \$40**

## With Red Cross Certified Instructors!

## Saturday Swim Lessons May 15-June 19 & June 26-July 31

Parent & Child Level 1	9:00 - 9:30 am
Parent & Child Level 2	9:00 - 9:30 am
Preschool Level 1	9:00 - 9:30 am
Level 1 (3-5)	9:30 - 10:00 am
	11:00 - 11:30 am
Level 1 (6 & over)	9:30 - 10:00 am
Level 2 (3-5)	10:30 - 11:00 am
Level 2 (6 & over)	10:30 - 11:00 am
Level 3	11:00 - 11:30 am
Level 4	11:00 - 11:30 am

## Sunday Swim Lessons June 6-July 18 & July 25-Aug 29

Level 3	10:00 - 10:30 am
Level 4	10:30 - 11:00 am
Level 5	11:00 - 11:30 am
Level 6	11:30 - 12:00 pm

**Fee for Weekend Swim Lessons:  
Member: \$23, Taxpayer: \$26,  
Non-Taxpayer: \$33**

## Special Needs Swim Lessons

**Member: \$30  
Taxpayer: \$33  
Non-Taxpayer: \$42**



## Private Swim Lessons

**1 Lesson: Member: \$15, Taxpayer: \$17,  
Non-Taxpayer: \$21  
3 Lessons: Member: \$40, Taxpayer: \$44,  
Non-Taxpayer: \$56  
5 Lessons: Member: \$60, Taxpayer: \$66,  
Non-Taxpayer: \$84**

**Please see other side for class descriptions & swim lesson guidelines.**

For more information or to register, contact the Massillon Parks & Recreation Department by phone at 330-832-1621 or in person at 505 Erie St. North in Massillon.



# Massillon Recreation Center Summer Swim Lesson Information



## Swim Lesson Guidelines

- Parents/Guardians must be present in the aquatic center during their child's swim lesson.
- Children are not permitted to enter the water before class begins and must exit promptly when class ends.
- While class is in session, please do not interrupt the class or instructor. We do, however, appreciate your help in disciplining your child if needed.
- If the instructor feels that the participant is not enrolled in the appropriate level, the instructor will notify the Aquatic Supervisor. Class transfers (if available), cancellations, and fees will be determined by the Aquatics Supervisor.
- There will not be any make-ups or credits given for personal absences.
- There will be a \$5 service charge for withdrawing from swim lessons prior to the start of the first class. Refunds will not be available. If there are any questions, please contact the Aquatic Supervisor.

## Swim Lesson Placement Guide

**Parent & Child Aquatics Level 1** - This is for children 6 to 17 months. Parents will help introduce their children to water through games & songs. Skills include floating on front & back, kicking, arm action, blowing bubbles & underwater exploration with parental support.



**Parent & Child Aquatics Level 2** - This class is for children 18 months to 3 years who have already taken Parent Child Aquatics Level 1 or who are new to swim lessons. It reviews and expands on skills taught in Level 1 by adding arm action & kicking. The instructor will show parents how to teach children through games & songs.

**Preschool Aquatics Level 1** - This class is for children ages 3-5 who are new to swim lessons, afraid of the water or not ready to leave their parents. The skills taught are the same as in Level 1, only with parental assistance for the first half of the session to gradually shift the child's dependency onto the instructor.

**Level 1 – Introduction to Water Skills** - This class is for beginning swimmers. Skills taught include submerging head, blowing bubbles, front and back float, alternating arm and leg actions on front and back (front crawl and back crawl), simultaneous arm and leg actions (breaststroke and elementary backstroke), basics of treading and water safety.

**Level 2 – Fundamental Aquatic Skills** - This class is for children who have passed all of the skills taught in Level 1 and are comfortable having their face in the water. Skills taught include front and back float without support, gliding, front and back crawl, elementary backstroke, breaststroke, swimming on side, and treading.

**Level 3 – Stroke Development** - Students must be able to support themselves in the water and have some level of endurance to participate in this class. This class is based on developing strokes such as front crawl, back crawl, elementary backstroke, and development of breaststroke and butterfly kick. Students learn to dive from the seated position, rotary breathing and to tread water independently.

**Level 4 – Stroke Improvement** - This class is for students who know the basics of each stroke and have enough endurance to swim a length of the pool. Skills taught include defining the specifics of each stroke such as front crawl, back crawl, breaststroke, butterfly, elementary backstroke and learning sidestroke. Students will also learn treading water independently and open turns.

**Level 5 – Stroke Refinement** - This level focuses on building endurance & refining strokes learned in previous levels to perfection. Students will also learn starts, flip turns and variations of treading water. Rhythmic breathing and proper body positioning and motion during strokes is a must for this level.

**Level 6 – Fitness Swimming & Personal Water Safety** - This class is based on endurance & each stroke must be near perfection. Students learn fundamentals of fitness swimming, water exercise, turns & safety skills.

**Private Swim Lessons** - One-on-one instruction with a swim instructor who will work at the student's current level and teach skills to improve their ability. Classes run 30 minutes.

**Special Needs Swim Lessons** - These lessons are for students who may not benefit from traditional swim lessons. Participants must be accompanied by an adult, parent or guardian in the water. Each participant will have a private assessment to determine level placement before beginning lessons. Each individual & their adult, parent or guardian will be assigned to a small group class. Class times are determined by the instructor.